



Lionheart Primary PSHE Long Term Plan (2026 onwards)

Our curriculum conforms to best practice, in line with the DfE and the PSHE Association.

In developing our curriculum, we also refer to data published by our local authority and police force on health and trends.

Our curriculum is planned and sequenced carefully to overlap, re-visit and develop understanding at an age-appropriate level.

We teach statutory and elements of non-statutory (best practice) PSHE based on the two main threads covered within PSHE: RSHE and Economic Wellbeing and Careers

Key: **Statutory RSHE** **Statutory RSHE** **Economic Wellbeing and Careers** **Economic Wellbeing and Careers**

	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
EYFS: knowledge and skills taught throughout the year as part of PSED	Friendship and bullying		Foundations for wellbeing		NSPCC: talk PANTS Dental Health	
Year 1	Making friends: playing and learning together (equality) (child on child)	Mental health and wellbeing	Celebrating me, you and our families (equality) (permission)	Safety at home	Being healthy	Showing kindness to ourselves and others (equality) (child on child) (prevent)
Year 2	(Mental health and Wellbeing (equality) (child on child) (prevent)	Keeping safe online (equality) (child on child) (prevent)	Me, my body and staying safe (permission) (child on child) (prevent)	Money and work (equality)	Safety outside the home	Looking back and moving on
Year 3	Me, my friends and belonging (consent) (child on child) (prevent)	Mental health and Wellbeing	Building healthy habits (equality)	Making choices online (equality) (prevent) (Beyond Gender Stereotypes)	Keeping safe out and about	Looking out for each other
Year 4	Mental health and wellbeing	Exploring ways to manage risk (consent) (child on child) (equality)	Forming respectful relationships (equality) (child on child) (Beyond Gender Stereotypes)	Money matters and news literacy (prevent)	Positively engaging with our world (equality) (prevent)	Families and growing together (child on child) (prevent)
Year 5	Friendships, stereotypes and bullying (BGS) (equality) (child on child)	Mental health and wellbeing	Me, my body and growing up (puberty) (equality) (prevent)	Respecting boundaries (consent) (child on child) (prevent)	Safe connections online	Embedding healthy habits and learning first aid
Year 6	Mental health and Wellbeing (BGS) (equality)	Managing money and online spending	Changes in puberty (and sex education)	Drug education: assessing risk and managing influences	Developing our AI Literacy (prevent) (permission)	Looking to the future