



PSHE Primary Curriculum Intent

'Education that does not mould character is absolutely worthless'

Mahatma Gandhi

The teaching of Personal, Social and Health Education (PSHE) is central to our curriculum. It enables our children to become healthy, safe, independent and responsible members of society. It supports them to flourish emotionally, socially and morally, equipping them with the knowledge, skills and mindset required to navigate an increasingly complex world. PSHE helps children understand who they are, how they are developing, how to build positive and respectful relationships, and how to live safely, confidently and responsibly.

Our PSHE curriculum is ambitious and inclusive. It is designed to develop resilient learners with a positive mindset, strong self-esteem, emotional literacy and the confidence to express their needs, views and feelings appropriately. Through carefully sequenced learning, children are taught how to understand, recognise and manage their emotions, ask for help when needed and show empathy, care and acceptance of others. We explicitly promote acceptance and respect, ensuring pupils understand and value diversity as a strength within our school community and wider society.

The curriculum is structured around two core strands:

- Economic Wellbeing and Careers
- Relationships

These strands are enriched to reflect our local community, environment and safeguarding priorities. Children learn how to keep themselves and others safe through explicit teaching of personal safety, including fire safety, water safety, road and travel safety, and online safety. Pupils learn about boundaries, consent, trusted adults and how to respond to unsafe or uncomfortable situations.

Our Beyond Gender Stereotypes units in Key Stage 2, encourage pupils to question gender norms and raise aspirations about their future pathways and opportunities.

Our PSHE curriculum plays a vital role in safeguarding. Children are taught the scientific names for body parts, develop an age-appropriate understanding of body changes, privacy and bodily autonomy, and how to speak up if something is wrong. Pupils are supported to recognise harmful behaviours, including misogyny, discrimination and harassment, and to challenge these attitudes safely and respectfully. Learning also includes financial education, with a focus on recognising financial exploitation, scams and coercion.

Promoting mental health and emotional wellbeing is a core priority. Pupils learn about emotions, coping strategies, self-care and support networks. The curriculum explicitly addresses grief, loss and bereavement, providing sensitive and supportive spaces for discussion and reflection.

Through PSHE, children gain the relationship knowledge and skills needed to form and sustain positive relationships based on kindness, respect, honesty and equality. They learn how to communicate effectively, resolve conflict, recognise unhealthy behaviours and seek help for themselves or others.

Our curriculum also prepares children for life in the modern world. Age-appropriate AI literacy enables pupils to understand emerging technologies, their benefits, risks and ethical considerations. This supports critical thinking, digital safety and future readiness.

PSHE is delivered through discrete lessons, cross-curricular opportunities and daily reinforcement of our 6Rs ethos, which underpins our approach to this area of learning. Teachers have professional agency to adapt the curriculum to meet the needs of their classes and community while ensuring progression and consistency.

Our PSHE framework embeds the statutory requirements of the Relationships Education, Relationships and Sex Education (RSE) and Health Education guidance (DfE, 2025) and aligns closely with the school's Safeguarding Policy and Behaviour Manifesto. We regularly review our provision to ensure it remains relevant and responsive.

Ultimately, PSHE is central to our curriculum. It supports our vision for children to become confident, compassionate, informed and responsible global citizens, equipped to lead safe, healthy and fulfilling lives.